



AFMEE Africa, Middle East and Europe e-TRIGGER

e-TRaining In Gerontology and GERiatrics

**Call for applications to participate as Trainees in the AFMEE
(Africa – Middle East – Europe) IAGG e-TRIGGER course starting 25 May 2023**

**** Registration is Free of Charge in 2023 ! ****

Participants who successfully pass 10 of the 12 CME quizzes will receive a diploma from the IAGG-World.

For more information on the Online training course, visit the following website: <https://iagg-fge.org/>

**M. Barbagallo -IT (Chairperson) , S. Alsuwaidi - UAE, D. Aslan -TR, M. Coume - SN, R. Gouiaa - TN, J. Hoffman - ZA,
M. Khater - EG, S. Maggi - IT, M. Snoussi - TN, E. Stephan - LN, N. Veronese - IT, D. Zekry – CH.**

Send your application to Fiona Ecartot : trigger.iagg@gmail.com

Date	Topic	Date	Topic
May 2023	Healthy Ageing <ul style="list-style-type: none"> A greying world Definition of Healthy Aging Lifestyle interventions to promote healthy ageing: the WHO-ICOPE Program 	November 2023	Nutritional and metabolic disorders <ul style="list-style-type: none"> Screening and assessment of malnutrition Physiological hormesis and hormetins Epidemiology and Management of Diabetes
June 2023	Relevance and management of sarcopenia and frailty <ul style="list-style-type: none"> Sarcopenia Physical frailty as a pre-disability stage Social Frailty 	December 2023	Mental Health <ul style="list-style-type: none"> Impact of loneliness on mental health Depression Delirium
July 2023	Health care systems <ul style="list-style-type: none"> Primary health care and geriatric medicine Importance of long term care in national health systems Use of digital technology in daily clinical practice 	January 2024	Vitamin D, osteoporosis and falls <ul style="list-style-type: none"> Hypovitaminosis D Osteoporosis Falls
August 2023	Comprehensive geriatric assessment <ul style="list-style-type: none"> Definition, efficacy and safety of Comprehensive Geriatric Assessment (CGA) Interdisciplinary team work in geriatric medicine Applications of CGA in oncogeriatrics 	February 2024	Three special issues <ul style="list-style-type: none"> Ageism and elder abuse Oral care Palliative care and the problem of dying
September 2023	Chronic disease management <ul style="list-style-type: none"> Prevention of chronic diseases to control multimorbidity Polypharmacy and deprescribing Socio-economic relevance of chronic diseases 	March 2024	Cardiovascular disorders <ul style="list-style-type: none"> Hypertension Heart failure Obesity
October 2023	Cognitive Impairment and Dementia <ul style="list-style-type: none"> Early diagnosis of cognitive decline and MCI AD and other dementias: diagnosis to treatment Living with Dementia – caregivers’ roles, socio-cultural factors 	April 2024	Infectious diseases <ul style="list-style-type: none"> Vaccine preventable diseases Significance of vaccines Immunization, public health, economy & well-being